

## ROLLED BANDAGES FOR UKRAINE FROM CLEAN SHEETS

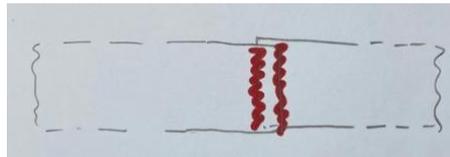
1. **BRILLIANT;**  
PURE COTTON, BRUSHED COTTON, AND WOVEN COTTON BLANKETS.  
Flat sheets, duvets, valances, fitted sheets, pillow-cases, stretchy cotton & table cloths. All good, any colour.
2. **POLY COTTON MIX** also OK for rolled bandages, but not for triangular bandages. Please rip off all seamed edges.

3. **MEASURE, SNIP, THEN RIP** sheets long ways

10cm X 2m

15cm X 3m

20cm X 4m



4. Where joining is needed, lay one end over the other by about 2cm/1" and stitch zig-zag down each long edge of the overlap. (Or a strong flat seam of your preference.) Please ensure bandages are long enough!
5. If you are not able to sew the seams, please rip to size and fold, not roll, for others to sew, and label as "needs sewing". It works well to sew lots of bits the same width together in a long length, then cut to size.
6. Snip one end (about 2cm/1") so when used on a casualty it can be ripped to tie it; then roll the bandage tight, starting at the snipped end. Please leave snipped end visible, poking out, so it is clear that the end is snipped. Thanks!



7. Please bag bandages, like sizes together, not mixed sizes, +/- safety pins. Please slip in a piece of paper with bandage size. E.g. 15cm x 3m
8. Please add some large, 4cm-5cm safety pins if you have them. Do not fix them onto the bandages as this can cause delays using bandages. Best is pinned (closed) to a ¼ width, length of A4 rippable paper, at about 1cm intervals. Naked bandages in a bag please!
9. Please deliver to the New Forest for Ukraine group. Thank you.  
Drop off points on the website;

[WWW.NEWFORESTFORUKRAINE.CO.UK](http://WWW.NEWFORESTFORUKRAINE.CO.UK)

Bandages 4 Ukraine  
WhatsApp group



Please join our WhatsApp group and spread the word.

(Photograph the QR link from within WhatsApp).

Printable /digital copies of this are available on the WhatsApp group, and will be on the website. Thank You.

**BANDAGES SAVE LIVES**